

# Tuckshop Menu & Price List

Effective 27 January 2021

## SANDWICHES ☺

*Available on white, wholemeal, or multigrain bread*

Cheese	1.50
Vegemite	1.00
Ham	2.00
Egg	2.00
Egg and Lettuce	2.30
Salad	3.00
Ham and salad	4.00
Chicken	3.00
Chicken and salad	5.00
Buttered Bread Roll	1.20

### Extras

Cheese 0.50 each/ tomato, beetroot each	0.30
White roll/ wrap	0.70
Multigrain roll	0.80
Toasted	0.50

## SALAD BOXES ☺

Salad (includes lettuce, tomato, carrot, cucumber, cheese, egg)	3.50
Ham and salad	4.50
Chicken and salad	5.50
<b>Extra</b>	
French salad dressing sachet	0.30
Mayonnaise	0.30

## HOT FOOD

*\*These items not available for 2nd break \**

*Corn Cobette ☺	1.20
*Spiral Bolognese ☺	3.00
*Butter Chicken and Rice (GF) ☺	3.00
*Oven Fried Rice (GF) ☺	3.00
*Lasagne	4.30
Toasted Cheese Sandwich ☺	2.00
Toasted Ham and Cheese Sandwich ☺	3.00
*Cheese Burger (meat patty,cheese,BBQ sauce)	4.00
*Hamburger (meat patty,sauce + salad) ☺	5.20
*Chicken Burger (chicken patty, lettuce, mayo)	4.00
*Chicken and Gravy Roll	4.00
*Chicken and mayo roll	4.00
*Potato Pie (220g)	5.00
Sausage Roll	2.90
Hot Dog (includes tomato sauce)	3.20
1/2 Hot Dog (includes tomato sauce)	1.60
<b>Extra</b>	
Tomato/BBQ sauce sachet	0.30

## DRINKS

Plain Water (500ml) ☺	1.20
Plain Milk (200ml) ☺	1.30
Fruit Juice Popper (250ml)	1.50
Flavoured Milk (300ml)	2.20
Chocolate/Strawberry	
Plain Sparkling Water ☺	1.40

## SNACKS

Pikelets and Jam	1.00
Muffin	1.00
(choc chip on Wed, other days fruit)	
Boiled Egg ☺	0.60
Carrot Sticks ☺	0.80
Piece of Fruit ☺	1.00
Apple slinky ☺	1.00
Fresh Fruit Salad ☺	2.20
Fruit Salad (tinned) and Custard Cup	1.70
Vege sticks in hommus dip ☺	1.40
Vaalia Yoghurt (160g) ☺	2.20
Popcorn ☺	0.60

## **DAILY SPECIALS and MEAL DEALS**

### **FLEXISCHOOL ORDERS ONLY**

## ICE BLOCKS

Frozen Fruit Juice Tube	0.60
½ Frozen Fruit Juice Tube	0.30
KoolStix	0.80
Milky mate	1.20
(choc/ strawberry/ or vanilla)	
Mango Split	1.20
Ice Cream Tub	1.80
Frozen Yoghurt -Bulla	2.40
(mango/strawberry)	

☺ indicates healthy choice option